LIFE HEALTHCARE GROUP HOLDINGS LIMITED (Incorporated in the Republic of South Africa) (Registration number: 2003/002733/06) ISIN: ZAE000145892 Share Code: LHC ("Life Healthcare")

DEALINGS IN SECURITIES BY DIRECTOR

Shareholders are referred to the announcement released on SENS on 22 June 2010 for Brimstone Investment Corporation Limited ("Brimstone"), wherein it was stated that, as a result of the unbundling of a portion of Brimstone's interest in Health Strategic Investments Limited ("Health") and the subsequent unbundling of Health's interest in Life Healthcare, all Brimstone shareholders received 40 Life Healthcare ordinary shares for every 100 Brimstone shares they owned. Shareholders are advised that a non-executive director of Life Healthcare, MA Brey has exercised his Brimstone share options granted through the Brimstone Share Trust. Accordingly, in compliance with the JSE Limited Listings Requirements, the following information is disclosed:

Director	:	MA Brey
Company	:	Life Healthcare
Date of transaction	:	13 March 2013
Nature of transaction	:	Off market exercise of
		Brimstone options in respect of both Brimstone ordinary shares and "N" ordinary shares and delivery of Life Healthcare ordinary shares
Class of Brimstone securities	:	Brimstone ordinary shares
Option strike price	:	R9.00
Number of Brimstone securities	:	27 700
Class of Brimstone securities	:	Brimstone"N" ordinary shares
Option strike price	:	R5.21
Number of Brimstone securities	:	49 280
Number of Life Healthcare		
shares received	:	30 792
Price*	:	R33.99
Class of securities	:	Life Healthcare ordinary
		shares
Total value of transaction	:	R1 046 620,08
Nature of interest	:	Indirect beneficial
Clearance obtained	:	Yes
*Closing price of Life Healthcare shares on 13 March 2013		

Illovo 15 March 2013 Sponsor RAND MERCHANT BANK (A division of FirstRand Bank Limited)